

Goddess Activities for the Week 9	Completed?	Number of Goddess Activites
Input Calendar for the week	<input type="checkbox"/>	1
READ OVER JOURNAL PROMPTS FOR THE WEEK	<input type="checkbox"/>	2
schedule a day and time to do them	<input type="checkbox"/>	3
Monday		
WEALTH AFFIRMATIONS	<input type="checkbox"/>	4
DYNAMIC CROSS TRAINING	<input type="checkbox"/>	5
WALK/JOG - 15 MIN	<input type="checkbox"/>	6
Fitness Dancing	<input type="checkbox"/>	7
FLOW - 12 MIN	<input type="checkbox"/>	8
Tuesday		
neck stretches	<input type="checkbox"/>	9
KETTLE BELL workout	<input type="checkbox"/>	10
FLOW - 10 MIN	<input type="checkbox"/>	11
Wednesday		
GODDESS AFFIRMATIONS	<input type="checkbox"/>	12
WALK/JOG - 12 MIN	<input type="checkbox"/>	13
Yogalates	<input type="checkbox"/>	14
BIRD Tribe bellydance DRILLS	<input type="checkbox"/>	15
Thursday		
HEALING LIGHT	<input type="checkbox"/>	16
OUTDOOR HIK/	<input type="checkbox"/>	17
Goddess Circle	<input type="checkbox"/>	18
Bedtime yoga	<input type="checkbox"/>	19
Friday		
Dream Body Affirmations	<input type="checkbox"/>	20
YOGA CORE	<input type="checkbox"/>	21
BIRD TRIBE bellydance Choreo	<input type="checkbox"/>	22
Saturday		
Confidence Affirmations	<input type="checkbox"/>	23
WALK/JOG - 11	<input type="checkbox"/>	24
Plank Challenge	<input type="checkbox"/>	25
FREE DANCE MOVEMENT - 35	<input type="checkbox"/>	26
Sunday		
MEDITIATION -10 min	<input type="checkbox"/>	27
SHAKTI YOGA	<input type="checkbox"/>	28
Complete the Weekly Review		
Take picture	<input type="checkbox"/>	30
Compete Weekly Checklist (This!)	<input type="checkbox"/>	31
TOTAL	NUMBER	
Did you complete at least 25 Goddess Activiites this week to meet 80% goal?	<input type="checkbox"/>	