

Goddess Activities for the Week 8	Completed?	Number of Goddess Activites
<b>Input Calendar for the week</b>	<input type="checkbox"/>	1
<a href="#">READ OVER JOURNAL PROMPTS FOR THE WEEK</a>	<input type="checkbox"/>	2
schedule a day and time to do them	<input type="checkbox"/>	3
<b>Monday</b>		
<a href="#">Dream Body Affirmations</a>	<input type="checkbox"/>	4
WALK/JOG - 14 MIN	<input type="checkbox"/>	5
<b>Tuesday</b>		
<a href="#">BALLET DRILL</a>	<input type="checkbox"/>	6
FLOW - 10 MIN	<input type="checkbox"/>	7
<b>Tuesday</b>		
<a href="#">HIIT</a>	<input type="checkbox"/>	8
FLOW - 10 MIN	<input type="checkbox"/>	9
<b>Wednesday</b>		
<a href="#">GODDESS AFFIRMATIONS</a>	<input type="checkbox"/>	10
WALK/JOG - 14 MIN	<input type="checkbox"/>	11
<a href="#">Yogalates 2</a>	<input type="checkbox"/>	12
<a href="#">BELLYDANCE TURNS/ BARRELL ROLLS</a>	<input type="checkbox"/>	13
Ritual /Meditative journaling - this can be done anytime during the week	<input type="checkbox"/>	14
<b>Thursday</b>		
Self Meditation -10 min	<input type="checkbox"/>	15
OUTDOOR HIK/	<input type="checkbox"/>	16
<b>Goddess Circle</b>	<input type="checkbox"/>	17
<a href="#">Bedtime yoga</a>	<input type="checkbox"/>	18
<b>Friday</b>		
<a href="#">Confidence Affirmations</a>	<input type="checkbox"/>	19
<a href="#">Core Challenge</a>	<input type="checkbox"/>	20
<a href="#">Game Changer Bellydance Choreography</a>	<input type="checkbox"/>	21
<b>Saturday</b>		
<a href="#">GODDESS AFFIRMATIONS</a>	<input type="checkbox"/>	22
WALK/JOG - 13	<input type="checkbox"/>	23
FREE DANCE MOVEMENT - 30 min	<input type="checkbox"/>	24
<b>Sunday</b>		
<a href="#">Fire yoga</a>	<input type="checkbox"/>	25
SELF MEDITATION -10 min	<input type="checkbox"/>	26
<b>Take picture (measurements optional)</b>	<input type="checkbox"/>	27
<b>Complete the Weekly Review</b>	<input type="checkbox"/>	27
Take picture	<input type="checkbox"/>	28
Compete Weekly Checklist (This! )	<input type="checkbox"/>	29
TOTAL	NUMBER	
Did you complete at least 23 Goddess Activiites this week to meet 80% goal?	<input type="checkbox"/>	