

Goddess Activities for the Week 12	Completed?	Number of Goddess Activites
Input Calendar for the week	<input type="checkbox"/>	1
READ OVER JOURNAL PROMPTS FOR THE WEEK	<input type="checkbox"/>	2
schedule a day and time to do them	<input type="checkbox"/>	3
Monday		
WEALTH AFFIRMATIONS	<input type="checkbox"/>	4
WALK/JOG - 20 MIN	<input type="checkbox"/>	5
BALLET DANCE	<input type="checkbox"/>	6
FLOW - 15 MIN	<input type="checkbox"/>	7
Tuesday		
Toned and Defined	<input type="checkbox"/>	8
FLOW - 10 MIN	<input type="checkbox"/>	9
Wednesday		
GODDESS AFFIRMATIONS	<input type="checkbox"/>	10
WALK/JOG - 15 MIN	<input type="checkbox"/>	11
BELLYDANCE warm ups	<input type="checkbox"/>	12
Thursday		
GUIDED VISUALIZATION	<input type="checkbox"/>	13
OUTDOOR HIK/	<input type="checkbox"/>	14
FUN ACTIVITY	<input type="checkbox"/>	15
Goddess Circle	<input type="checkbox"/>	16
Bedtime yoga	<input type="checkbox"/>	17
Friday		
Dream Body Affirmations	<input type="checkbox"/>	18
Plank Challenge	<input type="checkbox"/>	19
BELLYDANCE CHOREO COMPLIATION pt 2 and performanes	<input type="checkbox"/>	20
Saturday		
Confidence Affirmations	<input type="checkbox"/>	21
WALK/JOG - 14	<input type="checkbox"/>	22
Free Dance Movement - 45 MIN	<input type="checkbox"/>	23
Sunday		
neck stretches	<input type="checkbox"/>	24
Elemental MEDITIATION -10 min	<input type="checkbox"/>	25
Complete the Weekly Review	<input type="checkbox"/>	26
TAKE PICTURES ! (MEASUREMENTS!)	<input type="checkbox"/>	27
Compeete Weekly Checklist (This!)	<input type="checkbox"/>	28
TOTAL	NUMBER	
Did you complete at least 22 Goddess Activiites this week to meet 80% goal?	<input type="checkbox"/>	